

## Capacity Building Programme On COTPA,2003

### At Canning Sub Division Hospital

#### **Introduction:**

Tobacco use continues to be the leading global cause of death and threatening to become an uncontrollable epidemic with 13 lakhs deaths every year due to Tobacco diseases.. As a result Tobacco related mortality is increasing day by day. Economic burden (both Direct and Indirect) of Tobacco use India, is estimated Rs.1,04,500 crores per year. In this context Tobacco Control Programme aims to reduce diseases, disabilities and deaths related to tobacco use. In this perspective **MANT** is on the way towards establishment of an effective and efficient system of Tobacco Control in West Bengal.

#### **Planning:**

Project Coordinator approached the Dy. CMOH-II, for conducting a Capacity Building Programme on COTPA, 2003 with the Health Workers (1<sup>st</sup> ANM) of Canning Sub Division. Afterwards Project Coordinator followed up regularly with the Dy. CMOH-II and District Consultant, District Tobacco Control cell, South 24 Pgs. Then Dy. CMOH-II finalized a date of Sensitization meeting on 16<sup>th</sup> Nov, 2017 from 10.30AM-1.00PM.



#### **Focus:**

The main focus of the Programme was to orient or sensitize the Health Workers(1<sup>st</sup> ANM) of Canning Sub Division regarding the burden of Tobacco use, Causes of Tobacco use of the adolescents and about a comprehensive enforcement through the implementation of **Cigarette and other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply & Distribution) Act. 2003** which can significantly reduce and eliminate the exposure to smoking. The role of ANM's was discussed in declaring smoke free Gram Panchayats in the district.

**Venue:** Snake bite Training Centre Hall, Canning Sub Division Hospital

**Programme Date:** 16.11.2017

**Schedule Time:** 10.30AM-1.00PM

**Duration Time:** Two and Half Hour

**Target Group:** Health Workers (1<sup>st</sup> ANM) of Canning Sub Division.

**No. of Stakeholders:** 50 [Psychologist-NTCP Cell, South 24 Pgs, 49 Health Workers (1<sup>st</sup> ANM) of Canning Sub Division]

**Resources Persons:**

- Dr Indranil Sarkar ACMOH, Canning Sub Division, South 24 Pgs
- Ms Mouli Gupta, District Consultant, NTCP, South 24 Pgs
- Sritama Ghosh, Social Worker, NTCP, South 24 Pgs
- Samarpita Sanyal, Project Coordinator, Tobacco Control, MANT

**Content of the Programme:**

- Tobacco Burden in India and West Bengal with special reference to health effects of tobacco use.
- Causes of Tobacco Use
- An overview of COTPA(section 4,5,6,7)
- Role of ANM's in making of GPs COTPA compliant



**Methodology:**

- Presentation of health burden of tobacco use, causes of tobacco use and overview of COTPA,(2003)
- Interactive Session
- Videos
- Sharing of Best Practices of Howrah

**Decision Taken:**

- It was unanimously decided by the members that signage of section-4 will be displayed at all Govt. Health establishment under their own jurisdiction.
- The Health Workers (1<sup>st</sup> ANM) of Canning Sub Division committed to give input to all mothers, adolescents, and other beneficiaries about the tobacco burden and tobacco control
- They also assured to use IEC material for tobacco control campaign.
- They will be part of the District's initiative to make the Gram Pancayats Tobacco Free